



HAMPTONS
COMMUNITY
OUTREACH

If you would like to volunteer for food packing there are three ways to participate.

1. Donate 115 of any two items.
2. Donate \$500 to help us purchase high-cost items.
3. Host a food-drive and collect list items.

Hand soap
Tuna
Cheerios
Rice
Ketchup
Mustard
Peanut butter
Jelly
Tea bags
Butter
Pasta
Pasta sauce
Tomato soup
Kidney beans
Paper towels
Toilet paper
Laundry detergent
Band aids (different skin tones)

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HAMPTONSCOMMUNITYOUTREACH.ORG**